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Physical Education Newsletter



February
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We promise to provide your child with an enjoyable, challenging, and rewarding time in a safe and positive environment.

Let's get heart healthy!

February's Plan

Pack your sneakers and P.E. uniform before you go to bed each night!

Grades K – 2

- How can I move a ball?
Kicking
Dribbling with Hands
Striking with Stick
Throwing & Catching

Grades 3 – 5

- Completion of Hockey
- Two-Square
- Four Square

Grades 6 – 8

- Completion
- Two-Square
- Four-Square
- Paddle Play



Please Welcome Mr. Z!

Did you notice a new face in P.E.? I am Mr. Zampogna, a Canisius College student teacher working with Miss Lingle. From now until the beginning of March, I will be teaching grades K, 1st, and 3rd. In May, I will graduate with a degree in Physical Education and Health Education. After graduation, I plan to continue my education and pursue graduate work in special education. Currently, I am an assistant varsity football coach at Eden High School and employed at the Koessler Athletic Center gym at Canisius College. I have also performed pre-teaching assignments at McKinley High School and Hamburg High School. After Pinnacle, I am assigned to student teach at Maryvale High School, which I hope to be just as rewarding as it is here. I look forward to meeting you and working with your child this winter.

P.E. Class of the Month

(Grades 2 - 8)



Each month, we will pick a class that demonstrates strong sportsmanship skills through healthy interactions with peers, participates in all class activities with a fine attitude, and sets an outstanding example for peers at Pinnacle. The class's name will be placed on a jersey outside the athletic center, as well as receive a jersey to display in their classroom. We look forward to seeing your class work toward this award!

High-Fives of the Month

(Grades K & 1)



Kindergarteners and First graders work to earn a "bee" sticker at the end of each class. When a class achieves ten stickers, they earn choice time and are recognized on the High-Five Wall.

Individuals who are role models and demonstrate healthy behaviors will also earn a place on the wall. The following classes earned a HIGH-FIVE this month:

Miss Turner's Class

Miss McGee's Class

Miss Clark's Class

Give Kids A Smile Day is Friday, February 6th from 9:00am – 4:00pm









UB Smile Team

University at Buffalo

School of Dental Medicine – Squire Hall

Give Kids a Smile is a ONE DAY national event where children without dental insurance are able to receive FREE dental services!

Services Offered:

-  Dental Exams
-  Cleanings
-  Fluoride treatment
-  Fillings
-  X-Rays (if needed)
-  Sealants
-  Extractions
-  Orthodontic Consultation



For more information and to schedule an appointment for your child, please contact: (716) 861-3593 or (716) 829-3717.